

Terms and Conditions

The walking programme will be made up of full day walks. Ascents and descents may be steeper, slightly more strenuous walking on easier to moderate slopes, tracks and paths, which may be rough underfoot at times. Correct footwear is a must, along with waterproofs. A further guide will be provided once you have registered.

The walk has been designed to be challenging, but achievable by anyone as long as you train beforehand. Remember, you are walking for consecutive days, so a good cardiovascular fitness is required – the fitter you are, the more you will enjoy this challenge.

Please remember that whilst the Stroke Association will take all care to ensure the safety of walkers, all participants walk at their own risk and neither the Stroke Association or Clwydian Walking Holidays or any related or affiliated organisation can take responsibility for any loss, damage or injury that occurs from participating in the Offa's Dyke Challenge

Photographs and video footage may be taken at the Offa's Dyke challenge and used to publicise Stroke Association events. Stroke Association values your support and promises to respect your privacy. The data we gather and hold is managed in accordance with the Data Protection Act (1998).



Buttington to Moel Famau

part of the Offa's Dyke Path



16th September to 20th September 2017

A 5 day walking challenge along part of the mid section of Offa's Dyke or if you can't spare the time, join us for just one day or as many as you can!

How to get Involved

Offa's Dyke Challenge Information Sheet

Date 16th – 20th September 2017

A 5 day walking challenge – Moderate D/D+ along part of the Offa's Dyke path approx. 50 miles from Buttington to Moel Famau

Joining the walk – Each day a coach will take you from **Springfield Hotel, Pentre Halkyn** leaving at 9am to the start of each walk, then the driver will go to the end of each walk and wait to bring you back. There will be a guide each day to lead the walk, courtesy of Clwydian Walking Holidays.

The walk sections are anticipated to be split as follows:-

Day 1 – Buttington to Llanymynech 7.5 Miles

Day 2 – Llanymynech to Oswestry Race Course 9.5 Miles

Day 3 – Oswestry Race Course to Trevor Basin 9.5 Miles

Day 4 – Trevor Basin to Llandegla 12 Miles

Day 5 – Llandegla – Moel Famau 9 Miles Afternoon Tea will be provided.

ALL MILEAGES ARE APPROX

This itinerary may be subject to change at the discretion of the organisers.

The cost of the 5 day walking challenge is £100 per person which includes transport to and from each walk and a guide it also includes a donation to the Stroke Association. A non-refundable deposit of £20 will secure your place. The balance to be paid by 6th July 2017. There is no minimum sponsorship on this walk, we are just hoping that you can raise as much as you can to support the work of the Stroke Association.. You can ask for sponsorship forms or go online and register with Virgin giving/ Just giving/ or BTMydonate.

For those who can only spare a day or two, you may join us as long as places are available. The cost is £20 per person per day. To book these places fill in a registration form and send your cheque made payable to Clwydian Walking Holidays and tick the days you wish to walk. The address is Clwydian Walking Holidays, Awelon, Llwyn-y-Rhos, Llanrhaeadr, Denbigh. LL16 4NH or telephone 01745 890453 for further details.

Registration Form

Personal Details

Title _____ Full Name _____

Full Home Address _____

_____ Post Code _____

Telephone Number (Day) _____

Mobile Number _____

Email _____

Contact Name & Telephone Number in case of Emergency

Do you have a medical condition that we should be aware of?

Please specify. This includes pregnancy. All information will be kept confidential.

How did you hear about the walking challenge? _____

I wish to take part in the Offa's Dyke Challenge

Or for just the day on Sat Sun Mon Tues Wed

If you wish to pay by card, please telephone 01745 890453.

By signing the form below, I confirm that I have read and accept the rules of entry and the terms and conditions of the event.

Signed _____ Date _____